**NAME : R. ROHINI**

**DESIGNATION : Counsellor / Assistant Professor**

 **Department of Psychology**

**INSTITITION : St. Mary’s College (Autonomous)**

 **Tuticorin,TamilNadu,India.**

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**\*Experience : 13 years of experience in Counselling ,Teaching and in Psychotherapy .**

**\*Given more than 1200 counselling**

**\*Received Honorary Doctorate Award by the United Nobles Rescue Services for Counselling.**

**EDUCATIONAL QUALIFICATIONS**

* **B.Sc., in Bio- Chemistry, Ambiga college of Arts and science,Madurai Kamaraj University, Madurai.**
* **M.A., in AppliedPsychology, Annamalai University, Chidambaram.**
* **M.Phil., in Psychology, Vinayaga Mission University , Salem.**
* **Doing M.Sc in Counselling and Psychotherapy,Tamilnadu open University.**

**RELEVANT COURSES**

* **Course on Counselling**
* **Course on Pranic Healing**
* **Course on Inner Child Healing**
* **Basic Award Leaders Training**
* **Course on Psychotherapy**
* **Course on Body Language**
* **Course on Graphology**

**PROFESSIONAL EXPERIENCES**

* **Teacher at Maharishi Vidhya Mandri, Dindigul in 2001-2002,2004-2005.**
* **Co-ordinator in Akshaya Vidyalaya Mat.Hr. Sec.School ,Dindigul ,2007- 2009**
* **Teacher at Vellammal Mat .Hr .Sec. School, Madurai ,2009-2011**
* **Trained teachers for Velammal Matric and CBSE School, Theni .**
* **Working as counsellor and Asst. Professor (Psychology ),St.Mary's college(Autonomous ) ,Tuticorin. (2015 to till date)**

**\*Participated in more than 25 National and International seminars**

**\*Attended more than 60 webinars.**

**PAPER’S PRESENTED**

1. **Healing Intimate Relationship among Family, Maturity VS Immaturity at the National Seminar on Feb 2016, Anugraha Institute of SocialSciences, Dindigul.**
2. **Thirukkural in a psychological view point at the International seminar on 18th March 2016, St.Mary’s college, Tuticorin .**
3. **Karnan – The Man who made every stopping stone as his stepping stone on 12th January 2017, St.Mary’s college, Tuticorin.**
4. **Social Networking sites and Psychological well being of youth on January 6th 2018, Anugraha Institute of Social science, Dindigul .**
5. **Kaviyarasu kannadasan and his creativities on 3rd February 2018 ,St.Mary’s College(autonomous) , Tuticorin.**
6. **Psychological well being at workplace, Pleasure Vs Pressure, St. Mary's college (autonomous) Tuticorin. 12.09.19**
7. **Presented a paper on "Self love -An effective key to be Resilient "at M.S university ,Thirunelveli . (25.01.2020)**

**WORKSHOP/SEMINAR/EVENTS ORGANISED**

* **Teachers day celebration on 5th September 2017, St.Mary’s College, Tuticorin.**
* **Awareness Workshop on “Life for living” 9thSeptember 2017, St .Mary’s College, Tuticorin.**
* **International Seminar on “Joy of Living’’ A Psychological Perspective, 26th September2017, St.Mary’s College, Tuticorin.**
* **Mental Health Awareness Week on 10th - 14th Oct 2017, St.Mary's College, Tuticorin.**
* **Healing the Inner child on 22nd Nov 2017, St.Mary’s College, Tuticorin.**
* **Awareness workshop on ‘World Suicide Prevention Day’ on 8th September 2018.**
* **World Mental Health Day was organized on 11th October 2018.**
* **International workshop on" Ethical values as a means of Effective communication" 7th september 2019.**
* **Organized a webinar on" Family Enrichment "on 30.06.2020**
* **Organized a webinar on "Relaxation techniques for stress management" on 28.07.2020.**

**TYPES OF COUNSELLING GIVEN**

* **Entry Counselling**
* **Exit Counselling**
* **Individual Counselling**
* **Parental Counselling**
* **Counselling on Reference**
* **Sports Counselling,**
* **Pre and Post marital Counselling**
* **Staff Counselling**
* **Career Counselling**
* **Family Counselling**

 **OTHER ACTIVITIES**

* **Invited as a guest lecture for the Manonmaniam Sundaranar University ,DD&CE UG/PG PYCHOLOGY [2017]**
* **Appointed as an Examiner for the valuation of DD&CE PSYCHOLOGY Degree**

**Examinations of May -2018**

* **Invited as a resource person to M.S University Tirunelveli and conducted a workshop on the topic of ‘Opportunities Issues And Strategies In Counselling’,on 7.8.2018**
* **Invited and gave guest lecture on the topic ‘Goal setting’ at Saint Mother Teresa Engineering College, Vazhakulam, Tuticorin on 11.1 2019.**
* **Invited and been an external examiner for M.S University, Psychology Dep, on 3.5.2019,**
* **Intived and been an external examiner for M.S University, Psychology Dep, on 7.11.2019,8.11.2019.**
* **Invited and been a judge for speak for India conducted by Indian express and federal bank.**
* **Been a Resource person to M.S University, Psychology Dep on the topic Counselling skills-(10.12.2019)**
* **Been a Resource person to A.P.C Mahalakshmi College and oriented students on the need of counselling ,27.01.2020.**
* **Given leadership training to NSS and NCC students.**
* **Been a Resource person for the webinar conducted by South Asian Institute of Adavanced Research and Development (SAIARD) and I- CAN Adolescents on the "Enhancing Adolescents wellbeing" on 28.08.2020**
* **Member of India Co Win Action Network**
* **Working in child helpline with National Commission For Protection Of Child Rights (NCPCR)Samvedna and NIMHANS for isolation and other kids all over the country.**
* **Been a resourse person to a National Webinar conducted by American college, Madurai and gave guest lecture on the topic "U & Me - Couple Enrichment" program on 29.09.2020.**
* **Giving free tele counselling 24/7 in "Mind the Mind" sponsored by the International Human Rights and Social Justice Ferderation.**
* **Been a resourse person to the National webinar conducted by the CARE Academy, Hosur in the topic "Family Enrichment"on 9.10.2020.**